

ROYAL SCOTTISH COUNTRY DANCE SOCIETY

New Zealand Branch, Inc., Auckland Region

Very Advanced Day Class

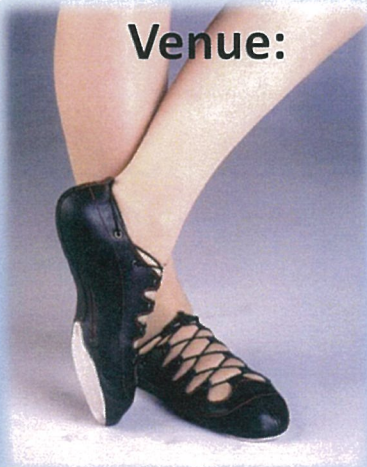
Sunday August 13th

Teacher: Damon Collin

Time: 9.30am to 3.30pm

Host: Classes Sub Committee

Venue: Auckland Irish Society
Clubrooms
Rocky Nook Avenue,
Mt Albert
(Fowlds Park)



Damon Collin

"I am one of the fortunate few that started dancing when my body could handle all the pain and my mind could still get the necessary messages through to the system – ie at the age of 16! So many other dancers have told me in the years since, that they wished they had started dancing earlier. I count myself very, very lucky.

I've had the good fortune to be invited to teach at a couple of RSCDS New Zealand Branch Summer Schools and at one memorable Australian Winter School (in Perth). In addition, I've taught at numerous Weekend and Day Schools up and down the country.

I'm still learning and plan to pass on some of my continuing enthusiasm for Scottish Country Dancing in the class".

Focus of Class - Damon Collin

I want to make sure that all the basics are correct (rhythm, foot positions, handing, phrasing, covering and accurate performance of a range of formations). As a result, there will be step demonstrations - by the dancers - and various other exercises which might expose weaknesses that we can work on. This is, after all, the group of dancers that the Auckland Region relies on to be an example to all the other dancers in the region. They will be able to perform unfamiliar dances well and, indeed, should be able to look out for others and provide discrete guidance if necessary.

In amongst all this hard work there will be different dances (that I hope people won't have done before). Some of these will be at an Intermediate level, but will provide the opportunity to achieve precision and the enjoyment that brings (especially for me, the observer!), while others will be challenging mentally or physically or both.

To Register:

Either:

- Email : shona.greer1@gmail.com
- Telephone: 021 478215
- Post: 41 Rawene Road Birkenhead Auckland 0626

(A telephone or email registration is a firm booking. In the event of illness, prior cancellation must be notified to the registrar or course payment will be required.)

Payment: \$ 30.00 for non RSCDS dancers

\$ 25.00 for members of the NZ Branch/RSCDS

Please make cheques payable to Auckland Region, NZ Branch Inc., RSCDS

To pay with online banking Direct Credit to: 12-3026-0011887-00. Put your surname and V ADV as the reference.

This class is run by the Auckland Region of the Royal Scottish Country Dance Society (RSCDS). For more information about the region go to www.aucklandscd.org.nz.

All dancers may attend beginners and elementary classes. For other levels we strongly encourage dancers to belong to the New Zealand Branch of the RSCDS.

Attending the class:

- Please bring own name tag (if you have one)
- Dancers are asked to be suitably dressed - i.e. feet and ankles can be easily seen, clothes enabling movement required for dancing. Knee-length clothing looks good for dancing.
- Please bring own lunch and water bottle. Tea and coffee are provided for morning/afternoon tea.

The Auckland Region, NZ Branch Inc., Royal Scottish Country Dance Society will not be held responsible for any loss or damage to property or injury to dancers or spectators during these classes.

VERY ADVANCED TECHNIQUE

VERY ADVANCED/HIGH ENERGY TECHNIQUE

A level achieved by some dancers, only for the very peak of their 'dancing career'.

This class will be suitable for dancers who are capable of dancing at a very high standard of accuracy while sustaining a high level of performance. Dancers will be expected to meet the challenge of a physically demanding class throughout the entire duration of the class.

Dancers wishing to attend classes at this level should meet the criteria for advanced level and in addition:

1. Have a very high standard of fitness and stamina that can be sustained throughout a class and be free from any injury that can be noticed when dancing.
2. Show ability and patience to fine-tune formations and dances.
3. Demonstrate technical accuracy which can be relied upon.
4. Show skill in all transitions between steps.
5. Show the ability to dance to various types of music (e.g. piano, fiddle, etc.) with ease.
6. Show an ability to portray and react to the style of music, reflecting the tempo and rhythm of the music when dancing.

.....(name)

.....(club)

I confirm that this dancer has attained the above requirements and is capable of participating in this class.

Signed.....

Club Teacher

Please note: The Classes Sub Committee has a firm policy of making sure that the class is a beneficial experience for all dancers and the teacher. Therefore dancers may be recommended to attend a class more suited to their ability/experience. This will be done in consultation with the club teacher.